

# Trail riding with Icelandic Horses

## for beginners and experienced riders



**Read these instructions carefully. If you have booked a ride for a group, make sure all of the participants are aware of these instructions!**

### Trail riding

Trail riding is a great way to enjoy horses, riding and pure Finnish nature. Determined by the skills and hopes of the group and the possibilities of the terrain, we ride peaceful walk, smooth tölt, brisk trot or speedy gallop.

### Clothes and gear

Our stable offers you all the clothes and gear needed for riding: helmets, overalls, shoes and gloves. For rainy days we have waterproofs. On a trail ride it is usually the horse that does most of the work, so the rider can easily get cold – especially in winter. Wear warm, flexible and comfortable clothes. Shoes should have a small heel and preferably cover your ankles for support.

You can use your own riding gear as well but make sure to disinfect them if you have used them on another stable.

### Safety

Our horses are kind and well-trained. However they are prey animals that act on their instincts. For that reason it is important that you listen and follow the instructions given by our guides. Loud noises, alcohol and rough handling make the horse nervous and he can't perform to his best ability.

For adults no previous riding experience is needed. Children under the age of 12 may join the treks if they've been riding weekly for at least one year. Weight limit for riders is 95 kilos (210 pounds / 15 stone).

### Insurances and cancellations

We do all we can to ensure that you can enjoy riding safely and without unnecessary risks. Sometimes accidents still occur, so make sure your personal insurances are in order.

Weather conditions that lead us to cancel a trek are very cold (-15°C +/- 5°) or windy weather and thunder. In such cases we contact participants personally, call us if you're unsure.

Regular treks: if you must cancel your trek, it is preferable to do it on a previous day. If the cancellation happens less than two (2) hours before the trek or the client doesn't show up, we will charge the full price of the reservation.

Private groups: If the whole reservation is cancelled less than two (2) days before the trek we will charge half the price and whole price, when the cancellation happens less than two (2) hours before or the group doesn't show up. We don't charge single cancellations as long as they are made two (2) hours before the trek at the latest.

If your trip to the Sport Institute is cancelled, remember to cancel your riding trek too straight through us.

**Vaellustalli  
Toreson Oy**  
Riding stable Toreson

Kaskelantie 7  
19120 Vierumäki

tel.  
+358(0)10 5777 472  
(9am-5pm)

vaellustalli@gmail.com  
vaellustallitoreson.fi

business id 2687528-6



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### Regular treks

- **Long trek**, 2 hours, 10am-12pm, **69€**/person  
We ride different gaits of an Icelandic Horse in a varied terrain at a brisk pace. Best suited for more experienced riders. You must know the basic aids well and have good control over your horse in all gaits.
- **Small trek**, 1 hour, 2pm-3pm, **37€**/person  
On this slower-paced trek we try some trot and tölt in the nearby forest trails. Well suited for first-timers and unsure riders.
- **Medium trek**, 1½ hours, 3.30pm-5pm (1<sup>st</sup> of Mar. – 31<sup>st</sup> of Oct.), **53€**/person  
Taking part to this trek doesn't require previous experience, as long as you're not scared. We try different gaits including gallop in short lengths.

In wintertime (from the 1<sup>st</sup> of November to the end of February) as the evenings get dark we arrange Small and Medium treks on alternate days – 1-hour Small treks on odd-numbered days and 1½-hour Medium treks on even-numbered days.

### For kids we recommend

- **Minisafari**, 20 minutes, 12pm and 3:30pm, **20€**/person  
Riding tour to the nearby forest at a walking speed with someone leading the horse or walking along. Suitable for adults too!
- **Arena riding**, on weekends 1pm-2pm, **3€**/round  
A riding moment for the youngest members of the family, with someone leading the horse.

### Private groups

Gather a group of at least five (5) riders and have a great shared experience on horseback. We can take a maximum of ten (10) riders on one trek – if there are more, several treks can be arranged. Starting time and duration of the ride will be fitted to your schedules (within the horses' feeding times and previously made reservations).

- 1 hour **42€**/person
- 1½ hours **63€**/person
- 2 hours **79€**/person
- Safari **95€**/person  
Total duration of 3 hours – 2 hours of riding and a picnic lunch by a campfire with a view to a lake. Ask for different food options! Not arranged during winter months.

### Inquiries and reservations

Our stable is usually open every day from 9am to 5pm, you're welcome to visit! Feel free to give us a call or send us an e-mail if you have any questions or wish to book a trek.

- Vaellustalli Toreson, Kaskelantie 7, 19120 Vierumäki
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- **e-mail** vaellustalli@gmail.com

We are located by the Vierumäki Sport Institute.

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