

Trail riding with Icelandic Horses

for beginners and experienced riders



Read these instructions carefully. If you have booked a ride for a group, make sure all of the participants are aware of these instructions!

Trail riding

Trail riding is a great way to enjoy horses, riding and pure Finnish nature. Determined by the skills and hopes of the group and the possibilities of the terrain, we ride peaceful walk, smooth tölt, brisk trot or speedy canter / gallop.

Clothes and gear

Our stable offers you all the clothes and gear needed for riding: helmets, overalls, shoes and gloves. For rainy days we have waterproofs. On a trail ride it is usually the horse that does most of the work, so the rider can easily get cold – especially in winter. Wear warm, flexible and comfortable clothes. Shoes should have a small heel in them and preferably cover your ankles for support.

You can use your own riding gear as well but make sure to disinfect them if you have used them on another stable.

Safety

Our horses are kind and well-trained. However they are prey animals that act on their instincts. For that reason it is important that you listen and follow the instructions given by our guides. Loud noises, alcohol and rough handling make the horse nervous and he can not perform to his best ability.

For adults no previous riding experience is needed. Children under the age of 12 may join the treks if they have been riding weekly for a year. Weight limit for riders is 95 kilos (210 lbs / 15 st).

Insurances and cancellations

We do all we can to ensure that you can enjoy your ride safely and without unnecessary risks. Sometimes accidents still occur so make sure your personal insurances are in order.

Weather conditions that lead us to cancel a trek are very cold (-15°C +/- 5°) or windy weather or thunder. In such cases we contact participants personally, call us if you are unsure.

Regular treks: if you must cancel your trek, it is preferable to do it on a previous day. If the cancellation happens less than two (2) hours before the trek or the customer does not show up, we will charge the full price of the reservation.

Private groups: If the whole reservation is cancelled less than two (2) days before the trek we will charge half the price and whole price, when the cancellation happens less than two (2) hours before or the group does not show up. We do not charge single cancellations as long as they are made two (2) hours before the trek at the latest.

If your trip to the Sport Institute is cancelled, remember to cancel your riding trek too straight through us.

**Vaellustalli
Toreson Oy**
Riding stable Toreson

Kaskelantie 7
19120 Vierumäki

tel.
+358(0)10 5777 472
(9am-5pm)

vaellustalli@gmail.com
vaellustallitoreson.fi

business id 2687528-6



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Regular treks

- **Long trek**, 2 hours, 10am-12pm, **70€**/person
We ride different gaits of an Icelandic Horse in a varied terrain at a brisk pace. Only for experienced riders. You must know the basic cues well and have good control over your horse in all gaits.
- **Small trek**, 1 hour, 2pm-3pm, **40€**/person
On this slower-paced trek we try tölt (and with some groups trot) in the nearby forest trails. Well suited for first-timers and unsure riders.
- **Medium trek**, 1½ hours, 3.30pm-5pm, **55€**/person
Taking part in this trek does not require previous experience as long as you are willing to try different gaits and are not scared of riding or horses. We try different gaits including canter/gallop in short lengths.

In wintertime (from the 1st of November to the end of February) as the evenings get dark we arrange Small and Medium treks on alternate days – 1-hour Small treks on odd-numbered days and 1½-hour Medium treks on even-numbered days. Both treks start at 2pm.

For kids we recommend

- **Minisafari**, 20 minutes, 12 noon and 3pm (12 noon and 3:30pm in wintertime from the 1st of November to the end of February), **20€**/person
Riding tour to the nearby forest at a walking speed with someone leading the horse or walking along. Suitable for adults too!
- **Arena riding**, on weekends 1pm-2pm, **3€**/round
A riding moment for the youngest members of the family, with someone leading the horse.

Private groups

Gather a group of at least five (5) riders and have a great shared experience on horseback. We can take a maximum of eight (8) riders on one trek – if there are more, several treks can be arranged. Groups smaller than five are sometimes possible too, do not hesitate to ask. Starting time and duration of the ride will be fitted to your schedules (within the horses' feeding times and previously made reservations).

- 1 hour **45€**/person
- 1½ hours **60€**/person
- 2 hours **75€**/person
- Safari **95€**/person
Total duration of 3 hours: 2 hours of riding and a picnic lunch by a campfire with a view to a small lake. Ask for different food options! Not arranged during winter months. For groups of experienced riders we can arrange a 4-hour Safari with 3 hours of riding for the price of 120€/person.

Inquiries and reservations

Our stable is usually open every day from 9am to 5pm, you are welcome to visit! Feel free to give us a call or send us an e-mail if you have any questions or wish to book a trek.

- Vaellustalli Toreson, Kaskelantie 7, 19120 Vierumäki
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- **e-mail** vaellustalli@gmail.com

We are located by the Vierumäki Sport Institute.

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